

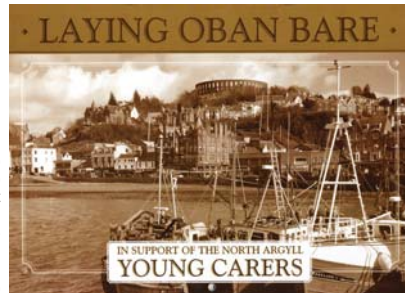
Relax this AUTUMN

Once the hustle and bustle of a busy summer is over, the tranquillity of a highland autumn takes over. With mountains covered in purple heather and autumn browns surrounding the still waters of the lochs, what better time to visit and relax on the west coast? Many hotels and guest houses remain open and welcome guests who seek a quieter, more peaceful break.



LAYING OBAN BARE

Young Carers have made a calendar, featuring the good people of Oban, discretely baring themselves, all in the name of charity! Young Carers desperately need funds to continue their good work helping children who provide a significant level of help and support to someone who cannot manage otherwise, due to ill health, frailty and disability. The added pressure to help and care around the house, can isolate the young person from society and from their peer group, also affect their schooling, missing out on their childhood. Young carers give respite, advice and advocate for these vulnerable children and run groups and one-to-one sessions.



The calendars are available from The Oban Times office, the Co-op, Alba, Atlantis Leisure and North Argyll Carers Centre for £5.99 each.

AUTUMN AND WINTER BREAKS

Available from £60 per room, Bed & Breakfast (subject to availability)



Oban Caledonian Hotel

Comfortable and modern, the bedrooms at The Oban Caledonian are ideal for short breaks, holidays or business travel. Rooms are themed as old style with rich colonial charm or cabin style with a fresh, nautical look. The informal Café Caledonian is relaxed by day and lively by night, with a relaxing brasserie ambience. At the comfortable bar you can choose from great malts or wines while you relax next to the inviting fire. The Restaurant Caledonian is one of the finest restaurants in Oban and Argyll



Tel: 01631 563133 www.foliohotels.com

Fine food, stylish rooms and 200 years of Scottish Hospitality



The Inn at Inverbeg has been a popular stop for weary travellers for 200 years. Now, following a multi-million pound make-over, the new Inverbeg whilst still offering all the warmth and charm of an auld Scottish Inn, has a fantastic fish restaurant (sit in and take-away), 200 of Scotland's finest whiskies, real ales, traditional Scottish folk music and stylish accommodation.

Enjoy Mr C. Fish and Whisky Bar (open to non residents) with its unique concept in dining, from traditional fish and chips and fresh seafood to buccleuch steak burgers and sirloin steaks. It is the

perfect place for food, drink or a relaxing overnight stay. And for something extra special, Inverbeg has its own Beach House right on the shores of Loch Lomond, with views to match.

To celebrate opening, Mr C's will be offering 20% off all food between 12noon-5pm Monday to Friday (sit-in).

Call us on 01436 860 678 or click: www.inverbeginn.co.uk

the inn at
Inverbeg



2 nights for £99 during September and October.

Enjoy the stunning views from our loch-side gardens for only £99 per person for two nights inclusive of full Scottish breakfast, in a loch view single, double or twin room, dependant on availability.

Alternatively, enjoy a meal in our comfortable bar, with food served from 12noon until 9pm every day or dine in our elegant restaurant between 7pm and 9pm- both menus using the best of local produce.

Please contact the hotel for more information or to book on 01855 821214 or e-mail: enquiries@onich-fortwilliam.co.uk



Pennyghael Hotel

Web: www.pennyghaelholidays.co.uk
email: pennyghaelhotel@gmail.com

Come and join us at Pennyghael, the place to relax, and take advantage of our wonderful location on the shore of Loch Scridain. We offer comfortable hotel accommodation, great food and a warm welcome. A great base for bird watching, wildlife & walking holidays.

Pennyghael, Mull, PA70 6HB Tel: 01681 704288

Restaurant open to non-residents

Please call 01681 704288

to make a booking or for information on our great
Autumn Deals